

TREATMENT AT HOME FOR REHABILITATION AT HOME LIFE READY MOBILE 23 02 2026

This list is to help you locate a suburb nearby where you'll have access to our HCF Treatment at Home - Hospital Substitute Treatment (HST) for Life Ready Mobile for HST Contract – Rehabilitation at Home. Please note this list is valid as at 23 02 2026 and is subject to change. List is ordered by state and suburb by postcode and Life Ready Mobile contact details are available below.

PROVIDER	WBESITE	EMAIL	PHONE	CATCHMENT
Life Ready Mobile	www.lifereadymobile.com	hello@lifereadymobile.com	1300 730 852	Victoria Metro Areas & Western Australia Metro Areas.

Victoria

SUBURB	POSTAL CODE
Melbourne	3000
East Melbourne	3002
West Melbourne	3003
Melbourne	3004
Melbourne	3004
Southbank	3006
Southbank	3006
Docklands	3008
University of Melbourne	3010
Seddon West	3011
Seddon	3011
Footscray	3011
West Footscray	3012
Brooklyn	3012
Kingsville	3012
Maidstone	3012
Tottenham	3012
Yarraville	3013
Yarraville West	3013
Spotswood	3015
South Kingsville	3015
Newport	3015
Williamstown	3016

SUBURB	POSTAL CODE
Williamstown North	3016
Seaholme	3018
Altona	3018
Braybrook	3019
Robinson	3019
Albion	3020
Gengala	3020
Sunshine	3020
Sunshine North	3020
Sunshine West	3020
Albanvale	3021
Kealba	3021
Kings Park	3021
St Albans	3021
Ardeer	3022
Deer Park East	3022
Deer Park North	3023
Revanhall	3023
Burnside	3023
Burnside Heights	3023
Cairnlea	3023
Caroline Springs	3023
Deer Park	3023
Deer Park North	3023

SUBURB	POSTAL CODE
Ravenhall	3023
Fieldstone	3024
Mambourin	3024
Manor Lakes	3024
Mount Cottrell	3024
Wyndham Vale	3024
Altona East	3025
Altona Gate	3025
Altona North	3025
Derrimut	3026
Laverton North	3026
Williams Landing	3027
Altona Meadows	3028
Laverton	3028
Seabrook	3028
Altona Meadows	3028
Laverton	3028
Seabrook	3028
Hoppers Crossing	3029
Tarneit	3029
Truganina	3029
Cocoroc	3030
Point Cook	3030
Quandong	3030
Werribee	3030
Werribee South	3030
Point Cook	3030
Quandong	3030
Werribee	3030
Werribee South	3030
Flemington	3031
Kensington	3031
Ascot Vale	3032
Highpoint City	3032
Maribyrnong	3032
Travancore	3032
Keilor East	3033
Avondale Heights	3034
Keilor North	3036
Keilor	3036
Keilor North	3036
Keilor	3036

SUBURB	POSTAL CODE
Calder Park	3037
Delahey	3037
Hillside	3037
Taylors Hills	3037
Sydenham	3037
Calder Park	3037
Delahey	3037
Hillside	3037
Taylors Hills	3037
Sydenham	3037
Keilor Downs	3038
Keilor Lodge	3038
Taylors Lakes	3038
Watergardens	3038
Moonee Ponds	3039
Aberfeldie	3040
Essendon	3040
Essendon West	3040
Cross Keys	3041
Essendon Fields	3041
Essendon North	3041
Strathmore	3041
Strathmore Heights	3041
Keilor Park	3042
Niddrie	3042
Niddrie North	3042
Gladstone Park	3043
Gowanbrae	3043
Tullamarine	3043
Gladstone Park	3043
Gowanbrae	3043
Pascoe Vale	3044
Pascoe Vale South	3044
Glenroy	3046
Hadfield	3046
Oak Park	3046
Broadmeadows	3047
Dallas	3047
Jacana	3047
Meadow Heights	3048
Coolaroo	3048
Attwood	3049

SUBURB	POSTAL CODE
Westmeadows	3049
Hotham Hill	3051
North Melbourne	3051
Parkville	3052
Carlton	3053
Carlton South	3053
Carlton North	3054
Princes Hill	3054
Brunswick South	3055
Brunswick West	3055
Moonee Vale	3055
Moreland West	3055
Brunswick	3056
Brunswick Lower	3056
Brunswick North	3056
Sumner	3057
Brunswick East	3057
Batman	3058
Coburg	3058
Coburg North	3058
Merlynston	3058
Moreland	3058
Greenvale	3059
Fawkner	3060
Campbellfield	3061
Somerton	3062
Yuroke	3063
Oaklands Junction	3063
Craigieburn	3064
Donnybrook	3064
Kalkallo	3064
Mickleham	3064
Roxburgh Park	3064
Fitzroy	3065
Collingwood	3066
Collingwood North	3066
Abbotsford	3067
Clifton Hill	3068
Fitzroy North	3068
Northcote	3070
Northcote South	3070
Thornbury	3071

SUBURB	POSTAL CODE
Gilberton	3072
Northland Centre	3072
Preston	3072
Preston Lower	3072
Preston South	3072
Preston West	3072
Regent West	3072
Reservoir	3073
Thomastown	3074
Lalor	3075
Epping	3076
Alphington	3078
Fairfield	3078
Ivanhoe	3079
Ivanhoe East	3079
Ivanhoe North	3079
Bellfield	3081
Heidelberg Heights	3081
Heidelberg RGH	3081
Mill Park	3082
Bundoora	3083
Kingsbury	3083
Banyule	3084
Eaglemont	3084
Heidelberg	3084
Rosanna	3084
Viewbank	3084
Macleod	3085
Macleod West	3085
Yallambie	3085
Watsonia	3087
Watsonia North	3087
Briar Hill	3088
Greensborough	3088
St Helena	3088
Diamond Creek	3089
Plenty	3090
Yarrambat	3091
Lower Plenty	3093
Montmorency	3094
Eltham	3095
Eltham North	3095

SUBURB	POSTAL CODE
Wattle Glen	3096
Bend of Islands	3097
Kangaroo Ground	3097
Watsons Creek	3097
Arthurs Creek	3099
Cottles Bridge	3099
Hurstbridge	3099
Nutfield	3099
Strathewen	3099
Cotham	3101
Kew East	3101
Kew East	3102
Balwyn	3103
Balwyn East	3103
Deepdene	3103
Stradbroke Park	3103
Balwyn North	3104
Greythorn	3104
Bulleen	3105
Templestowe	3106
Templestowe Lower	3107
Doncaster	3108
Doncaster East	3109
Doncaster Heights	3109
Donvale	3111
North Warrandyte	3113
Warrandyte	3113
Park Orchards	3114
Wonga Park	3115
Burnley	3121
Burnley North	3121
Cremorne	3121
Richmond	3121
Richmond East	3121
Richmond North	3121
Richmond South	3121
Auburn South	3122
Glenferrie South	3122
Hawthorn	3122
Hawthorn North	3122
Hawthorn West	3122
Auburn	3123

SUBURB	POSTAL CODE
Hawthorn East	3123
Camberwell	3124
Hartwell	3124
Bennettswood	3125
Surrey Hills South	3125
Burwood	3125
Camberwell East	3126
Canterbury	3126
Mont Albert	3127
Surrey Hills	3127
Surrey Hills North	3127
Box Hill	3218
Box Hill Central	3128
Box Hill North	3129
Mont Albert North	3129
Blackburn	3130
Blackburn North	3130
Blackburn South	3130
Forest Hill	3131
Nunawading	3131
Mitcham	3132
Vermont South	3133
Vermont	3133
Ringwood	3134
Warranwood	3134
Warrandyte	3134
Heathmont	3135
Ringwood East	3135
Croydon	3136
Kilsyth	3137
South Yarra	3141
Hawksburn	3142
Toorak	3142
Armadale	3143
Kooyong	3144
Malvern	3144
Malvern North	3144
Caulfield East	3145
Central Park	3145
Darling	3145
Darling South	3145
Malvern East	3145

SUBURB	POSTAL CODE
Glen Iris	3146
Tooronga	3146
Ashburton	3147
Ashwood	3147
Chadstone	3148
Holmesglen	3148
Jordanville	3148
Mount Waverley	3149
Pinewood	3149
Syndal	3149
Brandon Park	3150
Glen Waverley	3150
Wheelers Hill	3150
Burwood East	3151
Burwood Heights	3151
Wantirna	3152
Studfield	3152
Knox City Centre	3152
Bayswater	3153
The Basin	3154
Boronia	3155
Ferntree Gully	3156
Lysterfield	3156
Selby	3159
Belgrave	3160
Belgrave Heights	3160
Belgrave South	3160
Tecoma	3160
Caulfield Junction	3161
Caulfield North	3161
Caulfield	3162
Caulfield South	3162
Hopetoun Gardens	3162
Booran Road PO	3163
Carnegie	3163
Glen Huntly	3163
Murrumbeena	3163
Bentleigh East	3165
Hughesdale	3166
Huntingdale	3166
Oakleigh	3166
Oakleigh East	3166

SUBURB	POSTAL CODE
Oakleigh South	3167
Clayton	3168
Notting Hill	3168
Clarinda	3169
Clayton South	3169
Mulgrave	3170
Waverley Gardens	3170
Sandown Village	3171
Springvale	3171
Dingley Village	3172
Springvale South	3172
Keysborough	3173
Noble Park	3174
Dunearn	3175
Bangholme	3175
Dandenong	3175
Doveton	3177
Eumemmerring	3177
Rowville	3178
Scoresby	3179
Knoxfield	3180
Prahran	3181
Windsor	3181
St Kilda West	3182
St Kilda South	3182
St Kilda	3182
Balaclava	3183
St Kilda East	3183
Brighton Road	3184
Elwood	3184
Elsternwick	3185
Gardenvale	3185
Ripponlea	3185
Were Street	3186
Dendy	3186
Brighton North	3186
Brighton	3186
Brighton East	3187
North Road	3187
Hampton	3188
Moorabbin	3189
Wishart	3189

SUBURB	POSTAL CODE
Highett	3190
Sandringham	3191
Cheltenham	3192
Southland Centre	3192
Beaumaris	3193
Black Rock	3193
Cromer	3193
Mentone	3194
Aspendale	3195
Aspendale Gardens	3195
Braeside	3195
Mordialloc	3195
Parkdale	3195
Waterways	3195
Bonbeach	3196
Chelsea	3196
Chelsea Heights	3196
Edithvale	3196
Carrum	3197
Patterson Lakes	3197
Seaford	3198
Frankston	3199
Karingal	3199
Frankston North	3200
Pines Forest	3200
Carrum Downs	3201
Heatherton	3202
Patterson	3204
Ormond	3204
Mckinnon	3204
Bentleigh	3204
South Melbourne	3205
Albert Park	3206
Middle Park	3206
Port Melbourne	3207
Garden City	3207
Geelong North	3215
Geelong West	3218
East Geelong	3219
Geelong South	3220
Geelong	3220
Geelong MC	3221

SUBURB	POSTAL CODE
Bonnie Brook	3335
Grangefields	3335
Plumpton	3335
Rockbank	3335
Thornhill Park	3335
Brookfield	3338
Cobblebank	3338
Exford	3338
Eynesbury	3338
Melton South	3338
Strathulloh	3338
Weir Views	3338
Diggers Rest	3427
Bulla	3428
Sunbury	3429
Wildwood	3429
Clarkefield	3430
Wollert	3750
Woodstock	3751
South Morang	3752
Doreen	3754
Mernda	3754
Yan Yean	3755
Eden Park	3757
Humevale	3757
Kinglake Central	3757
Kinglake West	3757
Pheasant Creek	3757
Whittlesea	3757
Panton Hill	3759
Smiths Gully	3760
St Andrews	3761
Kinglake	3763
Montrose	3765
Kalorama	3766
Mount Dandenong	3767
Coldstream	3770
Gruyere	3770
Yering	3770
Christmas Hills	3775
Dixons Creek	3775
Steels Creek	3775

SUBURB	POSTAL CODE
Tarrawarra	3775
Yarra Glen	3775
Castella	3777
Chum Creek	3777
Healesville	3777
Mount Toolebewong	3777
Toolangi	3777
Badger Creek	3777
Fernshaw	3778
Narbethong	3778
Cambarville	3779
Marysville	3779
Mount Burnett	3781
Nangana	3781
Cockatoo	3781
Avonsleigh	3782
Clematis	3782
Emerald	3782
Macclesfield	3782
Gembrook	3783
Tremont	3785
Ferny Creek	3786
Sassafras	3786
Sassafras Gully	3787
Olinda	3788
Sherbrooke	3789
Kallista	3791
The Patch	3792
Monbulk	3793
SIlvan	3795
Mount Evelyn	3797
Gilderoy	3797
Gladysdale	3797
Powelltown	3797
Three Bridges	3797
Yarra Junction	3797
Big Pats Creek	3799
East Warbuton	3799
McMahons Creek	3799
Millgrove	3799
Reefton	3799
Warburton	3799

SUBURB	POSTAL CODE
Wesburn	3799
Monash	3800
Endeavour Hills	3802
Hallam	3803
Narre Warren East	3804
Narre Warren North	3804
Fountain Gate	3805
Narre Warren	3805
Narre Warren South	3805
Berwick	3806
Harkaway	3806
Beaconsfield	3807
Guys Hill	3807
Beaconsfield Upper	3808
Dewhurst	3808
Officer	3809
Officer South	3809
Pakenham	3810
Pakenham South	3810
Pakenham Upper	3810
Rythdale	3810
Maryknoll	3812
Nar Nar Goon	3812
Nar Nar Goon North	3812
Tynong	3813
Tynong North	3813
Cora Lynn	3814
Garfield	3814
Garfield North	3814
Vervale	3814
Bunyip	3815
Bunyip North	3815
Iona	3815
Tonimbuk	3815
Labertouche	3816
Longwarry	3816
Longwarry North	3816
Modella	3816
Drouin	3818
Drouin East	3818
Drouin South	3818
Drouin West	3818

SUBURB	POSTAL CODE
Warragul	3820
Langwarrin	3910
Langwarrin South	3911
Baxter	3911
Pearcedale	3912
Somerville	3912
Tyabb	3913
Hastings	3915
Tuerong	3915
Merricks	3916
Point Leo	3916
Shoreham	3916
Bittern	3918
Crib Point	3919
HMAS Cerberus	3920
Balnarring	3926
Balnarring Beach	3926
Merricks Beach	3926
Merricks North	3926
Somers	3927
Main Ridge	3928
Flinders	3929
Kunyang	3930
Mount Eliza	3930
Mornington	3931
Moorooduc	3933
Mount Martha	3934
Arthurs Seat	3936
Dromana	3936
Safety Beach	3936
Red Hill	3937
Red Hill South	3937
McCrae	3938
Boneo	3939
Cape Schanck	3939
Fingal	3939
Rosebud	3939
Rosebud Plaza	3939
Capel Sound	3940
Rye	3941
St Andrews Beach	3941
Tootgarook	3941

SUBURB	POSTAL CODE
Blairgowrie	3942
Sorrento	3943
Portsea	3944
Loch	3945
Lyndhurst	3975
Lynbrook	3975
Hampton Park	3976
Botanic Ridge	3977
Cannons Creek	3977
Cranbourne	3977
Cranbourne East	3977
Cranbourne North	3977
Cranbourne South	3977
Cranbourne West	3977
Devon Meadows	3977
Junction Village	3977
Sandhurst	3977
Skye	3977
Cardinia	3978
Clyde	3978
Clyde North	3978
Blind Bight	3980
Tooradin	3980
Warneet	3980
Bayles	3981
Catani	3981
Dalmore	3981
Heath Hill	3981
Koo Wee Rup	3981
Koo Wee Rup North	3981
Yannathan	3981
Lang Lang	3984
Lang Lang East	3984

SUBURB	POSTAL CODE
Perth	6000
Northbridge	6003
Highgate	6003
East Perth	6004
West Perth	6005
North Perth	6006
West Leederville	6007
Leederville	6007
Shenton Park	6008
Subiaco	6008
Daglish	6008
Dalkeith	6009
Nedlands	6009
Crawley	6009
Mount Claremont	6010
Swanbourne	6010
Claremont	6010
Karrakatta	6010
Cottesloe	6011
Peppermint Grove	6011
Mosman Park	6012
Jolimont	6014
Wembley	6014
Floreat	6014
City Beach	6015
Glendalough	6016
Mount Hawthorn	6016
Herdsmen	6017
Osborne Park	6017
Churchlands	6018
Doubleview	6018
Gwelup	6018
Innaloo	6018
Karrinyup	6018
Woodlands	6018
Wembley Downs	6019
Scarborough	6019
Marmion	6020
Sorrento	6020
Carine	6020
North Beach	6020
Watermans Bay	6020

SUBURB	POSTAL CODE
Balcatta	6021
Stirling	6021
Hamersley	6022
Duncraig	6023
Greenwood	6024
Warwick	6024
Craigie	6025
Hillarys	6025
Kallaroo	6025
Padbury	6025
Kingsley	6026
Woodvale	6026
Beldon	6027
Connolly	6027
Edgewater	6027
Heathridge	6027
Joondalup	6027
Mullaloo	6027
Ocean Reef	6027
Burns Beach	6028
Iluka	6028
Kinross	6028
Currambine	6028
Trigg	6029
Clarkson	6030
Merriwa	6030
Mindarie	6030
Quinns Rocks	6030
Ridgewood	6030
Tamala Park	6030
Banskia Grove	6031
Carramar	6031
Neerabup	6031
Carabooda	6033
Nowergup	6032
Eglinton	6034
Yanchep	6035
Butler	6036
Jindalee	6036
Two Rocks	6037
Alkimos	6038
Mount Lawley	6050

SUBURB	POSTAL CODE
Coolbinia	6050
Menora	6050
Maylands	6051
Bedford	6052
Inglewood	6052
Bayswater	6053
Ashfield	6054
Lockridge	6054
Bassendean	6054
Eden Hill	6054
Kiara	6054
Bushmead	6055
Caversham	6055
Dayton	6055
Guildford	6055
Hazelemere	6055
Henley Brook	6055
South Guildford	6055
West Swan	6055
Brabham	6055
Bellevue	6056
Baskerville	6056
Boya	6056
Greenmount	6056
Helena Valley	6056
Herne Hill	6056
Jane Brook	6056
Koongamia	6056
Middle Swan	6056
Midland	6056
Midvale	6056
Millendon	6056
Red Hill	6056
Stratton	6056
Swan View	6056
Viveash	6056
Woodbridge	6056
High Wycombe	6057
Maida Vale	6057
Forrestfield	6058
Dianella	6059
Joondanna	6060

SUBURB	POSTAL CODE
Tuart Hill	6060
Yokine	6060
Balga	6061
Mirrabooka	6061
Nollamara	6061
Westminster	6061
Embleton	6062
Morley	6062
Noranda	6062
Beechboro	6063
Bennett Springs	6063
Koondoola	6064
Marangaroo	6064
Alexander Heights	6064
Girrawheen	6064
Ashby	6065
Darch	6065
Hocking	6065
Kingsway	6065
Landsdale	6065
Madeley	6065
Pearsall	6065
Sinagra	6065
Tapping	6065
Wangara	6065
Wanneroo	6065
Ballajura	6066
Cullacabardee	6067
Whiteman	6068
Aveley	6069
Belhus	6069
Ellenbrook	6069
The Vines	6069
Upper Swan	6069
Darlington	6070
Glen Forrest	6071
Mahogany Creek	6072
Mundaring	6073
Sawyers Valley	6074
Bickley	6076
Carmel	6076
Gooseberry Hill	6076

SUBURB	POSTAL CODE
Kalamunda	6076
Lesmurdie	6076
Piesse Brook	6076
Walliston	6076
Gnangara	6077
Jandabup	6077
Lexia	6079
Melaleuca	6079
Parkerville	6081
Stoneville	6081
Malaga	6090
Victoria Park	6100
Lathlain	6100
Burswood	6100
East Victoria Park	6101
Carlisle	6101
Bentley	6102
St James	6102
Rivervale	6103
Ascot	6104
Belmont	6104
Redcliffe	6104
Cloverdale	6105
Kewdale	6105
Welshpool	6106
Cannington	6107
Beckenham	6107
East Cannington	6107
Kenwick	6107
Queens Park	6107
Wattle Grove	6107
Wilson	6107
Thornlie	6108
Maddington	6109
Orange Grove	6109
Gosnells	6110
Huntingdale	6110
Martin	6110
Southern River	6110
Camillo	6111
Champion Lakes	6111
Kelmscott	6111

SUBURB	POSTAL CODE
Lesley	6111
Roleystone	6111
Armadale	6112
Bedforddale	6112
Brookdale	6112
Forrestdale	6112
Harrisdale	6112
Haynes	6112
Hilbert	6112
Mount Nasura	6112
Piara Waters	6112
Seville Grove	6112
Wungong	6112
Oakford	6121
Oldbury	6121
Byford	6122
Cardup	6122
Darling Downs	6122
Mundijong	6123
Whitby	6123
Jarrahdale	6124
Lynwood	6147
Langford	6147
Parkwood	6147
Ferndale	6148
Riverton	6148
Rossmoyne	6148
Shelley	6148
Leeming	6149
Bull Creek	6149
Bateman	6150
Murdoch	6150
Winthrop	6150
South Perth	6151
Kensington	6151
Karawara	6152
Manning	6152
Salter Point	6152
Waterford	6152
Como	6152
Applecross	6153
Ardross	6153

SUBURB	POSTAL CODE
Brentwood	6153
Mount Pleasant	6153
Alfred Cove	6153
Booragoon	6153
Myaree	6154
Willetton	6155
Canning Vale	6155
Attadale	6156
Melville	6156
Willagee	6156
Palmyra	6157
Bicton	6157
East Fremantle	6158
North Fremantle	6159
Fremantle	6160
South Fremantle	6162
White Gum Valley	6162
Beaconsfield	6162
Bibra Lake	6163
Coolbellup	6163
Hamilton Hill	6163
Hilton	6163
Kardinya	6163
North Coogee	6163
North Lake	6163
O'Connor	6163
Samson	6163
Spearwood	6163
Atwell	6164
Aubin Grove	6164
Banjup	6164
Beeliar	6164
Cockburn Central	6164
Hammond Park	6164
Jandakot	6164
South Lake	6164
Success	6164
Treeby	6164
Yangebup	6164
Hope Valley	6165
Coogee	6166
Henderson	6166

SUBURB	POSTAL CODE
Lake Coogee	6166
Munster	6166
Wattleup	6166
Anketell	6167
Bertram	6167
Calista	6167
Casuarina	6167
Kwinana Beach	6167
Kwinana	6167
Mandogalup	6167
Medina	6167
Orelia	6167
Parmelia	6167
Postans	6167
The Spectacles	6167
Wandi	6167
Coolongup	6168
East Rockingham	6168
Hillman	6168
Peron	6168
Rockingham	6168
Safety Bay	6169
Shoalwater	6169
Waikiki	6169
Warnbro	6169
Leda	6170
Wellard	6170
Baldivis	6171
Port Kennedy	6172
Secret Harbour	6173
Golden Bay	6174
Singleton	6175
Karnup	6176
Lakelands	6180
Parklands	6180
Coodanup	6210
Dudley Park	6210
Erskine	6210
Falcon	6210
Greenfields	6210
Halls Head	6210
Madora Bay	6210

SUBURB	POSTAL CODE
Mandurah	6210
Meadow Springs	6210
San Remo	6210
Silver Sands	6210
Wannanup	6210
Dawesville	6211